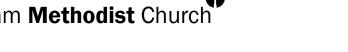
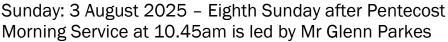
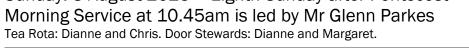
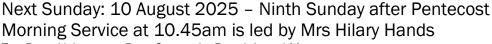
# Welcome to

# Trentham Methodist Church









Tea Rota: Volunteers. Door Stewards: Beaulah and Margaret.

#### The Week Ahead

# Wednesday 6 August at 6.00pm

Prayers in church.

### **Church Notices**

Thank you to all of you who donate used stamps. May we ask a further favour? Charities are now requesting that a small border of about one centimetre (or half inch) be left around each stamp. This ensures the stamp remains intact and able to command a higher price. Charities no longer support 'Freepost' so the cost of postage to send is reduced. Printed stamps are not accepted. Thank you for your understanding.

#### Contact the Minister

Rev Joe Lightfoot Adams: 07985 417000

# Letting of Premises

Contact: 01782 659925

#### **Pastoral**

If anyone hears of a pastoral need or illness etc please contact our Pastoral Secretary on 01782 643568.

#### Please pray for:

Marg D, Norman and Maureen, Wil, Pat and David, Kathie and family, Beaulah, Marg D, Doreen, Jane, Jean B, Anne and Family, Nathan, Ralph, Eileen, Margaret and Barry, Glenys and Julia, Margaret, Aidan, Jean, Harold, Thelma, Margaret and Wally, Brodie, Gwen, Max, Jack and Pauline, Rev Joe and Dave, Christine, Sandra and Brian, Jane, Joan, Carol, Harry, Kevin, Carol, Jessie, Christine and Family along with all our members unable to come to church.

# Sunday Prayers of Intercession

There is a Prayer Sheet in the entrance porch. Please add the name/s of anyone you think needs our prayers before you go into church'

#### Distribution of church flowers

If you know of someone who is ill or down at heart who would like a bunch of flowers, please put their name in the book in the porch.

# Weekly Activities in Church Monday

Rainbows/Brownies 6.00pm - 7.30pm [1]

### Tuesday

Tai Chi 10.00am - 11.00am [1] Gentle Exercise 11.30am - 12.30pm

#### Wednesday

Art and Craft Group 2.00pm - 4.00pm [2] Friendship Group 2.00pm - 4.00pm [3] Slimming World 5.30pm - 8.00pm Prayer @ 6.00pm

### **Thursday**

Slimming World 9.00am-10.30am Gentle Exercise 1.30pm - 2.30pm Rainbows/Brownies 6.00pm - 7.30pm [1]

## Friday

'Little Seeds' 10.00am - 11.30am [1] Cleaning FSD Dance 4.30pm - 6.30pm [1]

Saturday

The Performance Studios 9.30am - 3.15pm

- [1] Term time only
- [2] First Wednesday of the month
- [3] Third Wednesday of the month

### **Chaps Social Morning**

- \* Contract Whist
- \* Cribbage
- \* Darts
- \* Board Games
  plus coffee, tea, cake, biscuits and chit-chat
  with other retired and semi-retired local chaps.
- \* Every Wednesday
- \* From 10.00am until 12 noon at The Sea Scouts Hut, Diarmid Road, Hanford, ST4 4QD
- \* Free on-site and on-road parking
- \* For more information phone or text Bill Simmons on 07584 083060 or just come along for a chat.

The Community Cuppa Club is for people in

Trentham who live alone. It is an opportunity

to meet and chat with other people.

The times and venues are as follows;

Monday

12.30pm-2.00pm

Lunch at Trentham Garden Centre

2.00pm-4.00pm

Coffee at Trentham Garden Centre

Tuesday

2.00pm-4.00pm

Coffee at The Man in Space

Wednesday

12noon-2.00pm

Lunch at 'The Man in Space'

2.00pm-4.00pm

Coffee at 'The Man in Space'

Friday

12.30-2.00pm

Lunch at Trentham Garden Centre

2.00pm-4.00pm

Coffee at Trentham Garden Centre

The Community Cuppa Club Reg charity number 1176391

details. Please see Moira.

If anyone is interested, Helen Taylor who runs the Club has given me permission to pass on her

### Did you know?

This news sheet is no longer printed on paper made from wood pulp but bamboo. Bamboo is a sustainable resource that grows quickly and does not require harsh chemicals or pesticides to thrive. It is 100% biodegradable and 100% recyclable. When you have finished reading, please place it in a recycling bin .. or pass it on to someone else and remind them to recycle it or pass it on!